



BetterBalance Coaching Coaching Tool Kit

The Professional Balance Wheel

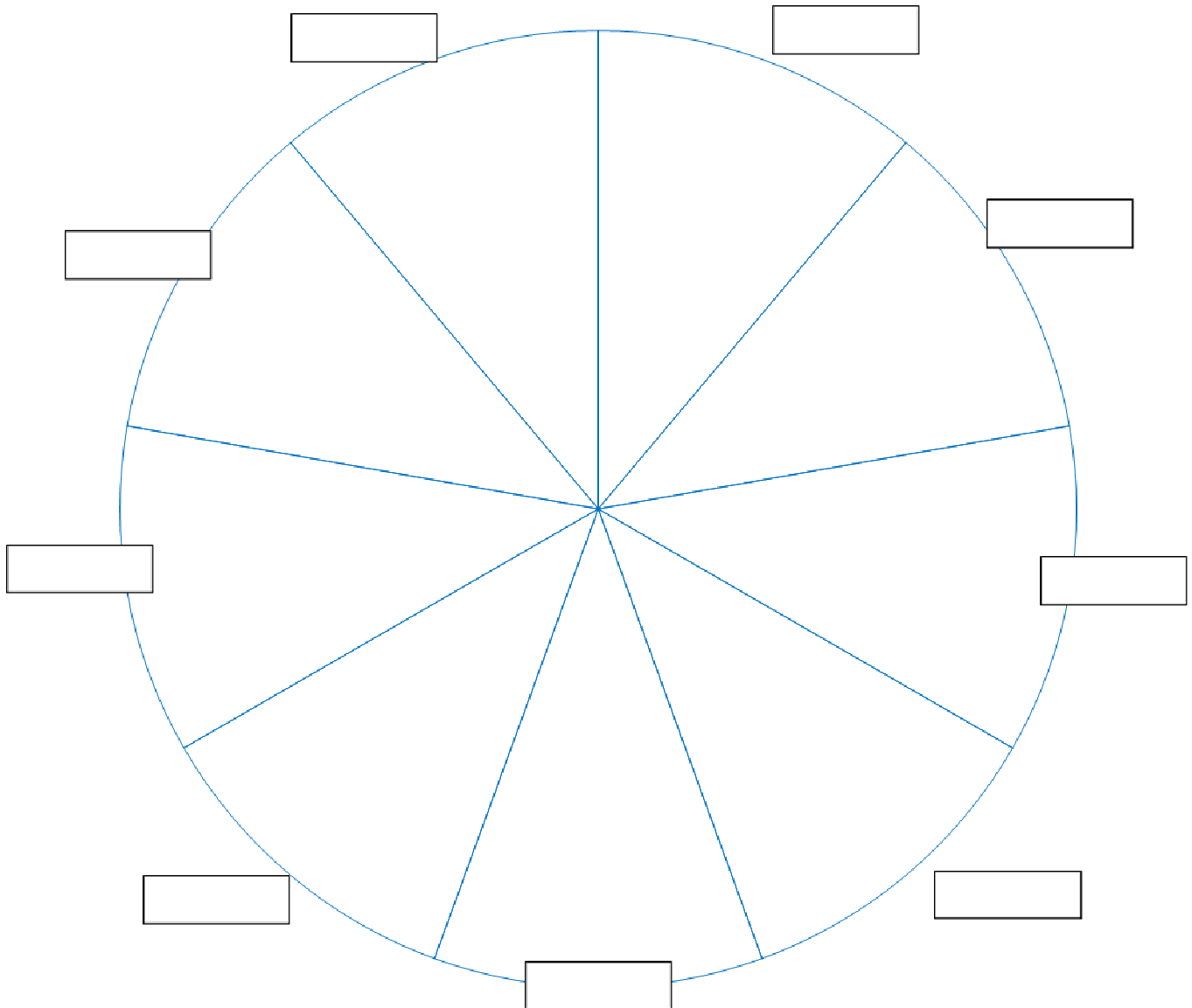


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Professional Balance Wheel

This is similar to the BetterBalance wheel, **but you will choose the labels** for each of the sections based on what is most important to you at work. Again, in each of the eight areas, how satisfied are you with how you are performing? This could also apply to your team or to your organisation. How is the balance? What areas are strong? Where do you want to focus your attention?



Here is a sample of section labels that have been created by other businesses: Growth, Communication, Customer Satisfaction, Bottom Line (Money), Marketing, Feedback, Excellence, Time/scheduling, Attracting New Talent, Retention, Clarity, Employee Fulfilment, Industry Leadership, Product Development, Responding to the Global Economy, Information Technology, Service.



Notes from my Professional Balance Wheel

What do you notice? What strikes you? Which segments of your wheel is your attention most drawn to and which stand out as offering the most important opportunities for change, for improving your performance and continuing your development?

